



Welcome to Hustyns Hotel & Spa

SPA BROCHURE





HUSTYNS HOTEL AND SPA

Situated in the heart of the beautiful Cornish countryside, Hustyns Hotel and Spa offer a range of treatments from Beauty Essentials, Manicure and Pedicures to Facials and Body Therapies to Massage and Holistic therapies. We use the finest brands including Pevonia and Jessica Nails.

ABOUT PEVONIA

The most powerful ingredients in skincare come from the safest source... nature. For nearly three decades, Pevonia has been the leader in delivering natural skincare solutions to the finest spas and professional aestheticians worldwide. Pevonia's award-winning products and in-spa treatments are coveted by celebrities, influencers, and consumers around the globe for their aesthetician-proven ability to deliver outstanding solutions that restore, rejuvenate, and revitalize all skin types.

WELLNESSFUSION™ JOURNEY EXPERIENCES

Enjoy whole body relaxation and outstanding results with an exclusive WellnessFusion™ Journey Experience by Pevonia®. Every Facial includes our signature WellnessFusion™ Ritual which combines various techniques from around the world to relax the body, mind, and spirit. Incorporating Amma, Shiatsu, and Swedish massage, the ritual welcome will relax tension and emotional stress from the décolleté, shoulders, arms and hands. Next, an anti-ageing pressure point facial massage is performed using the purest essential oils. Treatment concludes with a tension relief leg and foot massage to ease all stress.

Natural Ingredients. Professional Results.



FACE TREATMENTS

ESSENTIAL EXPRESS FACIAL

35-mins

This express facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturiser.

ESSENTIAL PRESCRIPTIVE FACIAL

1-hour

Universal treatments for all skin types. These facials are personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. These are ideal facials to introduce your skin to the unadulterated pure and active products within the Pevonia line. Outstanding results for every skin type!

LUMINOUS "C" & "SEA"® MASK TREATMENT

1-hour

A radical facial treatment for dull and dehydrated skin. This facial combines the high potency of Vitamin "C" with a stimulating Freeze-Dried Seaweed rendering skin firmer, brighter, more rejuvenated, and velvety-soft. An excellent treatment for smokers, sunbathers and sun-damaged skin. Soft lift-off mask.

PLANTOMER® MASK TREATMENT

1-hour

This highly effective, soothing treatment calms redness and alleviates irritated or sensitive skin. A healing propolis ampoule (natural ingredient collected by bees) is applied to desensitise the skin's surface and strengthen capillaries. A cooling lift-off mask is then applied to seal in the benefits of the vitamin-enriched ampoule.

LUMAFIRM® LIFT & GLOW TREATMENT

1-hour

Seeking a treatment with amazing instant results? Redefining radiance and facial contouring, this exclusively formulated treatment features the latest in freeze-dried technology to deliver instant results and cumulative skincare benefits. Ideal for any skin type showing signs of aging, or as the perfect instant repair boost when you want to look your absolute best. Proven to perform, this facial renders your skin ultra-luminous with a firmer, tighter, and more youthfully defined appearance.

LUMAFIRM® LIFT & GLOW EYE CONTOUR TREATMENT

35-mins

Lift, glow, and go! Formulated with an amazing lift-action complex, this phenomenal treatment instantly repairs your delicate eye zone as it reduces puffiness and dark circles. Additionally, an anti-ageing powerful trio of actives takes your eyes back in time with an immediate reduction in lines and wrinkles and a visibly brighter, smoother eye contour. This is definitely not for your eyes only as everyone around you is sure to notice the youthful difference.

BODY AND MASSAGE TREATMENTS

FULL BODY POLISH TREATMENT - 35 mins

Aromatic and gentle, this creamy body polish exfoliates dry skin and polishes away toxins. Your skin resurfaces silky-soft and wonderfully hydrated. Ideal as a pre-treatment to enhance relaxation and results.

AROMATIC MOOR MUD TENSION RELIEF BACK TREATMENT - 40 mins

A luxurious back treatment incorporating the wonderful, results-driven Aromatic Moor Mud. As this thermal mud aids muscular tension, aches and pains, escape into a state of deep relaxation as we perform the highly relaxing cocoon massage techniques. This treatment is ideal prior to a massage for longer lasting ease of tension, acne on the body or simply as a sole therapy. Upgrade your back, neck and shoulder massage with this Moor Mud Back Wrap.

AROMATIC MOOR MUD TENSION RELIEF TREATMENT - 1 hour

This scientifically-proven holistic, healing black magma dates back to ancient civilizations. A warm aromatic Moor Mud rich in natural vitamins, minerals, and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated as your body's circulation is stimulated and musculo-skeletal stress vanishes. Ideal for athletes and those prone to chronic pain, rheumatism/arthritis, muscular fatigue and post sports injuries.

DETOX SEAWEED WRAP - 1 hour

This therapeutic seaweed wrap contours, firms, hydrates, and re-mineralises environmentally damaged skin. Your treatment begins with a gentle exfoliation, followed by the generous application of warm micronized seaweed cataplastm. You are then wrapped in thermal blankets to ensure your entire body releases stress and toxins.

CELLU-SMOOTH GREEN COFFEE WRAP - 1 hour

Seeking a treatment with amazing instant results? Redefining radiance and facial contouring, this exclusively formulated treatment features the latest in freeze-dried technology to deliver instant results and cumulative skincare benefits. Ideal for any skin type showing signs of aging, or as the perfect instant repair boost when you want to look your absolute best. Proven to perform, this facial renders your skin ultra-luminous with a firmer, tighter, and more youthfully defined appearance.

STRESS ELIMINATION MASSAGE

35-mins

1 hour

Relax and rejuvenate aching muscles while experiencing maximum hydration. The application of a micro-emulsified massage oil enriched with geranium and orange essential oils, inspires a superlative massage experience and transports you to a state of sublime tranquillity.

AROMATHERAPY ULTIMATE DE-STRESSER

35-mins

1-hour

90-mins

Close your eyes, relax, and bid stress farewell. Your therapist rhythmically applies proven-effective Swedish massage techniques combined with aromatherapy to help you de-stress, unwind, and achieve a deep sense of wellness. Your circulation is boosted as sore joints and muscles are quickly alleviated.

Available in a back, neck and shoulder massage, full body and full body, face and scalp.

BODY AND MASSAGE TREATMENTS

HOT STONES MASSAGE

35 mins 60 mins 90 mins

This heated massage treatment using volcanic stones will melt away tension, eases muscle stiffness and increases circulation and metabolism. It will help with flexibility in joints adding easier mobility and movement. Helping release stored tension, recharge your energy levels and leave you feeling totally relaxed. This luxurious heated massage will leave you feeling physically relaxed and de-stressed.

Available in a back, neck and shoulder massage, full body and full body and scalp.

DE-STRESSING SCALP MASSAGE

25 mins 35 mins

A Pevonian cleanse will begin your treatment followed by a face, décolleté and scalp massage designed to relax the mind and encourage circulation. Many times, tension is felt within the head and neck, so scalp massages can be very effective as a stress reducer.

MOTHER TO BE LUMAFIRM EXPERIENCE - 60 mins

This nurturing Lumafirm experience is uniquely designed for Mum's To Be. Enjoy a results-driven soothing massage, to reduce aches and pains as well as fluid retention. This is followed by a part body wrap, enriched with an exclusive combination of anti-ageing extracts to help firm, brighten and nourish your skin.

Your treatment concludes with a hydrating facial and scalp massage, a complete top-to-toe treatment, making the wonderful journey to motherhood a pleasurable experience.

RITUALS

HUSTYNS SIGNATURE RITUAL

120 mins

This deep relaxing top to toe ritual will have you floating back home. Starting off with a back exfoliation to remove dead skin cells the exfoliator will then be removed with a warm towel which will help soothe and relax any aches and pains across the shoulders. A full body massage with hot stones will relieve any muscular aches and pains as well as helping increase flexibility in joints.

A deeply relaxing facial will end your journey, your skin is cleansed, lightly exfoliated and gently massaged.

A pore-refining mask is then applied, followed by a veil of light moisturiser.

BEAUTY ESSENTIALS

DELUXE MANICURE

55 mins

A relaxing spa manicure to cleanse impurities starting with a softening soak, followed by a gentle conditioning scrub achieving a silky texture. A moisture masque will be applied to replenish the skin for a luminous glow and finished with lotion massaged into the skin. File, cuticle work and paint with a Jessica prescriptive basecoat and colour of your choice to take home will complete this rejuvenating hand treatment.

PRESCRIPTIVE MANICURE

40 mins

An essential manicure begins with a softening soak to cleanse. Lotion is then massaged into the hands. A file, cuticle work and paint with a Jessica prescriptive basecoat and colour of your choice to take home will complete this hand treatment.

EXPRESS MANICURE OR PEDICURE

25 mins

Especially created for those with a busy lifestyle this express treatment keeps hands and nails well-groomed with a fresh application of your chosen colour.

WAXING AND TINTING

Full Leg
Half Leg
Bikini
Underarm
Lip or Chin
Eyebrow shape
Back or Chest
Eyelash tint*
Eyebrow tint*
Eyelash and Eyebrow tint*

DELUXE PEDICURE

55 mins

A relaxing spa pedicure to cleanse impurities and reveal luminously soft skin. Starting with a revitalising soak, feet will be gently exfoliated and rasped to remove any further dead skin. Followed by a replenishing masque and finished with lotion massaged into the skin. File, cuticle work and paint with a Jessica prescriptive basecoat and colour of your choice to take home will complete this rejuvenating treatment.

PRESCRIPTIVE PEDICURE

40 mins

An essential pedicure begins with feet being bathed in a revitalising soak to cleanse and remove impurities. A choice of a conditioning scrub and foot rasp or a lotion massaged into the skin is available in this treatment. A file, cuticle work and paint with a Jessica prescriptive basecoat and colour of your choice to take home will complete this treatment.

JESSICA GELERATION

45 mins

Includes hand exfoliation, massage, cuticle care, nail shape and finished with Jessica's GELeration gel polish.

60 mins

Pedicure with GELeration 60 Minutes £48 Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed and toe nails are shaped and finished with Jessica's GELeration gel polish.

25 mins

GELeration Polish is removed, Nails are filed and treated with a prescriptive base coat. Removals are free of charge if having gels re applied in the same appointment.



TEEN TREATMENTS

We offer a selection of teen treatments suitable for 13 – 17 year olds.
An adult must always be present during the treatment.

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SPA DAY PACKAGES

All spa days include use of our fantastic facilities which includes pool, sauna, steam room and relaxation room.

We will also supply a soft, fluffy robe and slippers to use during the day.

TEA AND TIME OUT

Treat yourself to a delicious afternoon tea and a fabulous day out in the spa with:

Your choice of One Treatment:

- De Stressing Scalp Massage
- Aromatherapy Ultimate De Stresser back massage
- Essential Express Facial
- Full Body Polish
- Standard Pedicure
- Standard Manicure

DIAMOND SPA DAY

Relax and let the stresses of life leave you with our Pearl spa day with:

- Afternoon Tea

Your choice of One Treatments:

- Aromatherapy Ultimate De Stresser full body massage
- Aromatic Moor Mud Tension Relief treatment
- Essential Prescriptive Facial
- Deluxe Pedicure
- Deluxe Manicure



OPENING HOURS:

Hustyns spa is open 7 days a week. The swimming pool, sauna, steam room, Jacuzzi and gym are open between 7.00am and 9.00pm. Treatments are available from 10am until 6pm, however late-night appointments are available please ask reception when booking. Opening hours may vary.

SPA ETIQUETTE:

In order to make the most of your treatment we would recommend that you arrive 10 minutes prior to your first appointment. This will allow you time to fill out a consultation form which will be found just outside of the spa, your therapist will collect you from here. On busy days, we may have to shorten the treatment time for late arrivals.

Our spa environment is one of relaxation and calm. Please respect all spa guests' right to privacy and serenity. We ask that you turn off your mobile phone whilst in the spa. Please be assured that all of our therapists are highly trained, and your modesty will always be protected throughout your treatment.

Robes may be worn in the restaurant and around the hotel however we request that guests do not wear swimwear within the restaurant.

CANCELLATION POLICY:

As a courtesy to other guests we ask that you provide 24 hours notice if you need to cancel or reschedule your appointment, failure to do so could result in full payment being charged.